

3. What promise do we have in thinking and behaving rightly?
(Philippians 4:9b)

Table Talk

- 1) What is the role of discernment in struggling well? What ways do we cause our discernment ability to diminish? What ways can we cause our discernment to increase? How does Paul emphasize the importance of what we think about as a means of struggling well? (v. 8)
- 2) List the six virtues that Paul tells us to think upon. Of these, which stands out the most to you? How does not thinking about such things affect us? Can we think correctly but be thinking about the wrong things? What “wrong things” do you think about that is affecting your ability to struggle well? What two ways does Paul give us for sorting out which things are “true, honorable, just, pure, lovely, and commendable”? How can we apply those two ways in our everyday thought life?
- 3) What distinction does Paul intend by his four descriptions of how the Philippians have observed his life? From whom have you “learned and received and heard and seen”? Who is “learning and receiving and hearing and seeing” from you? How does this describe the fact that all of life, one way or another is an act of discipleship? (v. 9a)
- 4) How is the “peace of God” (v. 7) connected to the “God of peace” (v. 9)? What does it mean for God to be “with us”? What can we do to embrace the presence of God? What things did Paul do that he wants the Philippians to do so that the God of peace will be with them?